

ECOS 2026 Family Program

Annual Meeting of the Eastern Canadian Otolaryngology Society

September 24-27, 2026

Halifax, Nova Scotia



Welcome

ECOS is pleased to welcome delegates and their families to Halifax. Alongside the scientific meeting, families are invited to take part in several organized activities and enjoy access to local fitness and pool facilities.

Throughout the Meeting

YMCA - South Park Street

Full access is available, with gym and pool facilities for ECOS delegates and families. Pool schedules and facility availability may apply.

Subsidized Family Activities

ECOS is subsidizing both organized family outings. \$10 per person, per activity.

Each activity is ticketed separately:

- Harbour Hopper is \$10 per person (approximately 1 hour)
 - Halifax Wanderers match is \$10 per person. (approximately 2.5 hours)
- Tickets made payable at time of registration

LIMITED QUANTITIES AVAILABLE.

Saturday, September 26, 2026

TIME	ACTIVITY	DETAILS
7:00 AM	ECOS Fun Run (From Lord Nelson Front Doors)	Families are welcome to join. See the main conference program for run details.
11:30 AM	Harbour Hopper Tour	\$10 per person. Subsidized rate.
5:00 PM	Halifax Wanderers Soccer Game	\$10 per person. Subsidized rate.

President's Dinner

Children and significant others welcome. Attendance requires an RSVP during conference registration. Please select the President's Dinner when completing your registration.