

Eastern Canadian Sinus Course 2026

Refining Fundamentals. Advancing Techniques.

Pre-Conference Course of the Eastern Canadian Otolaryngology Society (ECOS)

September 24–25, 2026

Skills Centre, QEII Health Sciences Centre

Halifax, Nova Scotia

Welcome

On behalf of the Eastern Canadian Otolaryngology Society (ECOS), welcome to the 2026 Eastern Canadian Sinus Course.

This intensive one-and-a-half day program has been designed for practicing otolaryngologists and senior residents seeking to refine endoscopic sinus surgery skills while gaining practical exposure to advanced techniques.

Rather than traditional didactic lectures, the course emphasizes concise, high-yield operative video demonstrations ('Surgical Shorts') followed immediately by faculty discussion and hands-on cadaveric dissection.

Course Director

- Dr. Devin Piccott

Planning Committee

- Dr. Devin Piccott
- Dr. Christopher Chin
- Dr. John Scott

Course Faculty

- Dr. Emad Massoud
- Dr. Eric Monterio

Educational Objectives

- Develop a reproducible approach to endoscopic sinus surgery.
- Optimize surgical planning using imaging and anatomical landmarks.
- Perform essential endoscopic sinus procedures safely and efficiently.
- Recognize and manage common intraoperative complications.
- Apply advanced surgical techniques to complex rhinologic disease.
- Improve operative efficiency through instrument selection and ergonomics.

Program

Thursday, September 24, 2026

Time	Session	Faculty
5:00–5:10	Welcome & Course Overview	Dr. Devin Piccott
5:10–5:20	Pre-operative Game Plan	Dr. Christopher Chin
5:20–5:25	Discussion	
5:25–5:35	Image-Guided Surgery (IGS): Workflow, Registration & Pearls	Dr. Emad Massoud
5:35–5:40	Discussion	
5:40–5:50	Endoscopic Septoplasty	Dr. John Scott
5:50–5:55	Discussion	
5:55–6:05	Maxillary Antrostomy	Dr. Christopher Chin
6:05–6:10	Discussion	
6:10–6:20	Catch-Up Break & Refreshments	
6:20–6:30	Ethmoidectomy	Dr. Emad Massoud
6:30–6:35	Discussion	
6:35–6:45	Favorite Instruments & Operative Pearls	All Faculty

Evening

6:45 PM – Transportation departs for dinner.

7:30 PM – Faculty & Delegate Dinner - Water Polo, Halifax



Friday, September 25, 2026

Cadaveric Endoscopic Sinus Surgery Laboratory

Time	Activity
7:30–8:00	Breakfast (Served at surgical skills center)
7:35–7:45	Breakfast Short: Sphenoidotomy (Dr. Christopher Chin)
7:50–8:00	Breakfast Short: Frontal Sinusotomy (Dr. John Scott)
8:00–10:00	Cadaver Laboratory Session I
10:00–10:15	Coffee Break
10:15–10:25	Management of Intraoperative Complications (Dr. Emad Massoud)
10:25–10:30	Discussion
10:30–12:00	Cadaver Laboratory Session II
12:00–12:45	Lunch
12:05–12:15	SPA Ligation (Dr. Emad Massoud)
12:20–12:30	Anterior Ethmoid Artery Ligation (Dr. John Scott)
12:35–12:45	Managing Retrobulbar Hematoma (Dr. Christopher Chin)
12:45–2:30	Cadaver Laboratory Session III
2:30–3:00	Faculty Panel, Q&A, Course Wrap-Up

Course Format

This course follows a 'See It. Discuss It. Perform It.' model. Each focused operative video is followed by discussion and immediate cadaveric practice under close faculty supervision.

